



California State Park Lifeguard
THIS SUMMER BE A CALIFORNIA
STATE PARK SEASONAL LIFEGUARD I
STARTING PAY \$14.45 PER HOUR



BEGIN A REWARDING & CHALLENGING CAREER!

Work as a seasonal lifeguard for the California State Park System at a State Park beach, lake, or reservoir.

BE TRAINED IN:

- First Aid & CPR
- Open Water Lifesaving Techniques
- Aquatic Rescue Procedures

REQUIREMENTS:

- Possession of a valid California drivers license with a good driving record at time of appointment.
- Physical strength and endurance.
- Willingness to work weekends and holidays.
- Visual and hearing acuity necessary to detect and rescue a struggling victim in the water.

In accordance with AB 1531, any person admitted to the interview and who is receiving State Public Assistance under the Aid to Families with Dependent Children Program shall be given priority consideration. Equal opportunity to all regardless of sex, race, ancestry, disability, age or sexual orientation.

TO QUALIFY: Picture I.D. is REQUIRED on the day of the swim test. Minors must have a parent or guardian PRESENT on the day of the swim test for waiver signature.

- 1.) You must pass a **COMPETITIVE** swimming test consisting of the following:
 - 1,000 yard open water swim. Time limit of 20 minutes.
 - A continuous 200 yard run, 400 yard swim, 200 yard run. Time limit of 10 minutes.
- 2.) Qualification appraisal interview.
- 3.) Successful completion of the California State Park Lifeguard Training Program.(8days)
- 4.) Successful completion of work location Field Training Program.

OCEAN TESTING DATES AND LOCATIONS:

Huntington State Beach	Saturday, March 3, 2007	9:00 am
Silver Strand State Beach	Saturday, March 10, 2007	9:00 am
San Buena Ventura State Beach	Sunday, March 11, 2007	9:00 am
Rio Del Mar State Beach	Saturday, March 17, 2007	9:00 am
San Clemente State Beach	Saturday, March 24, 2007	9:00 am
South Carlsbad State Beach	Sunday, March 25, 2007	9:00 am
Leo Carrillo State Park	Saturday, March 31, 2007	9:00 am
Refugio State Beach	Sunday, April 1, 2007	9:00 am
Monterey State Beach	Saturday, April 7, 2007	9:00 am

LAKE TESTING DATES AND LOCATIONS:

Perris Beach, Lake Perris SRA	Sunday, March 4, 2007	9:00 am
Millerton Lake State Recreation Area	Saturday, March 31, 2007	10:00 am
Perris Beach, Lake Perris SRA	Saturday, April 28, 2007	9:00 am
Beals Point, Folsom Lake SRA	Saturday, April 21, 2007	9:00 am
Beals Point, Folsom Lake SRA	Saturday, May 19, 2007	9:00 am

FOR FURTHER INFORMATION PLEASE CALL:

San Diego County, South	619-435-0126
San Diego County, North	760-438-2675
Orange County, South	949-366-8592
Orange County, North	714-536-1454
Los Angeles County, North	310-457-2585
Ventura County	805-648-3321
Santa Barbara County	805-968-3834
Monterey County	831-649-2976
Santa Cruz County	831-427-4868
San Mateo County	650-726-8806
Sonoma Coast	707-865-2391
Southern California Lakes & Reservoirs	

Northern/Central California Lakes & Reservoirs

Perris Lake:	951-940-5645
Silverwood Lake:	760-389-2281
Folsom Lake:	916-988-0205
Millerton Lake:	559-822-2332
San Luis Reservoir:	209-826-1197

Want to Learn More?
Visit our website and watch our
State Lifeguard Training video!

Go to:
www.parks.ca.gov/aquaticsafety

For more information and questions
contact:
AquaticSafety@parks.ca.gov

2007 LIFEGUARD TRAINING PROGRAMS (all programs are 8 day/80 hours):

Ocean Lifeguard Training Dates 2007 @ Huntington State Beach

- I. Weekends May 12-13, 19-20, 26-27, June 2-3
- II. Sunday, June 10 through Sunday, June 17
- III. Wednesday, June 20 through Wednesday, June 27

Lake Lifeguard Training Dates 2006 @ Lake Perris

- I. Monday, June 18 through Monday, June 25